

JAMIE'S DREAM SCHOOL – JAMIE VS. NUGGETS - KEY

<http://www.youtube.com/watch?v=RKCYucvop1U>

Watch this video where Jamie Oliver talks about the contents of chicken nuggets. When you've watched the video I want you to answer these questions:

- 1) What reasons do the students give for buying the frozen chicken nuggets?

Easy, cheap, quick, taste good

- 2) How many ingredients are there in the frozen, store bought chicken nuggets?

44/46 ingredients

- 3) Does Jamie manage to convince the students that making nuggets yourself is better? If so, how?

That they can make it in less than 10 minutes (the frozen takes more than 16 minutes), he introduces fresh free range chicken. When the students are asked they want the homemade chicken nuggets.

- 4) What reasons do the students give for making chicken nuggets from scratch?

It's easier, cheaper, quicker, and healthier.

Knows where the food comes from, supports British farmers.

- 5) What hygiene rules does Jamie give the students? What are the reasons for these hygiene rules?

Never mix chicken with other ingredients including cooked ingredients. Use a plastic cutting board. The reason is to avoid salmonella. Don't use the "chicken" hand in the salt and pepper.

- 6) Where does the chicken in the frozen chicken nuggets come from?

It came from Brazil.

- 7) Do you ever think of what your frozen meals are made from, and where the ingredients are from? Reflect.

- 8) Does Jamie give the students bad advice in cooking the nuggets? If so, explain.

He puts all the chicken nuggets in the frying pan at once. The general rule of thumb is to fry food smaller portions, because if you put it all in at once, the pan will cool down too much and the food won't cook properly (it cooks rather than fries).

- 9) What are differences between the homemade nuggets and the frozen nuggets? How do they determine the differences?

The homemade is crispy on the outside, and the chicken is flakey and white. The frozen nuggets are wet, and grey and soggy. And the homemade nuggets smell fresh, the frozen smells dirty.

They determine it by breaking them in two, smelling, feeling and tasting them.

- 10) What did the students think of the lesson?

They liked the homemade chicken nuggets better, and said nothing was rubbish about the lesson. They are happy!