

Project on First Aid – Student Handout

Work in groups of 2 or 3.

1. Choose a first aid case:

- which means that an accident or a life-threatening situation has occurred and someone has been injured and is in desperate need of help.

Examples of such cases:

- heart failure/heart attack
- car accident with various kinds of injuries
- drowning- you find a lifeless person in the water
- someone having been in a fire and been seriously burned
- someone has broken a leg
- someone has been skiing and injured his/her neck
- you find an unconscious person outside on a cold day
- someone has had an accident bicycling and suffers from arterial bleeding
- someone has got an object in his/her throat and can't breathe
- someone suffers from internal bleeding

Feel free to make your own cases as well.

2. Vocabulary list: make a list of words that you will need in order to describe and act out your case.
3. Describe the situation. What do you see when you come to the place of the accident/injury?
4. Given the nature of your case, what is the first thing you have to do?
5. As a first aider, what will you do to help the person who is injured or suffers from a life threatening situation? Make a detailed description of how you would treat the injured person.
6. Practice and act out the case in your group.

Final step: You will present your case to another group and ask them what they would have done in such a situation and then teach them what to do if they don't know what to do. You will also teach them the vocabulary they need to use.