Task 1. Check whether the following statements are true or false according to the text and correct the statements that are false.

Use: True=T False=F

1. Most people rate comfort as the least important requirement of a chair.

- 2. Style, appearance, and sturdy joinery are also undeniable key elements.
- 3. Some chairs are actually intended to be comfortable to encourage users to sit longer in fast-food restaurants.
- 4. The measurements provide good starting points for designing chairs.
- 5. Standard-size chairs can be comfortable for individuals who do not fit the mold.
- 6. There are many basic principles to follow.
- 7. Positioning a seat so that the user's feet will be firmly planted on the floor will cut off circulation to
- 8. Armrests that are properly located will increase muscle tension in the shoulders.
- 9. Well-designed backrests that conform to the shape of the human spine are crucial.
- 10. A chair must support the lower five vertebrae in the lumbar region.

Task 2. Choose 5 words from the vocabulary list and make up your own sentences with them. (The sentences should be compound, not simple ones)



Charles Rennie Mackintosh -Chair – 1903 Wikimedia Commons

Task 3. Answer the following questions.

- 1. What do most people rate as the most important requirement of a chair?
- 2. What are the familiar complaints about uncomfortable chairs?
- 3. Which philosophy are most chair designs inspired by?
- 4. Why are some chairs, like those found in fast-food restaurants intended to be uncomfortable?
- 5. Are there many basic principles to follow? Mention one of them that you remember.
- 6. How can body weight be positioned more comfortably?
- 7. What is important to keep in mind while positioning a seat?
- 8. How can muscle tension be minimized?
- 9. What can be done to keep the user from sliding forward?
- 10. Why are well-designed backrests crucial?

Task 4. Make a drawing of your own dream chair. Follow it with a 5-6 paragraph text, describing your invention (type of chair, what wood it can be made from, appearance, benefits) and promoting it for a future producer. (Use Standard Chair Dimensions on page 1) Feel free to ask questions if you have any.

Websites for inspiration:

20 Creative And Unusual Chair Designs

Vitra Design Museum: 100 masterpieces