

## RESSURSARK – LYTTEMATERIELL – ENGELSK

**Tittel:** Body Image — Engelsk, 10.trinn

**Kort beskrivelse:**

Rachel and her grandmother are in the attic looking for clothes for the local second-hand shop. They discuss clothes and body image and how it has affected them.

**Some words you might be wondering about:**

attic=loft

trunk=stor koffert

peasant=bonde

slim=slank

the same extent=I like stor grad

emphasis=trykk

healthy lifestyle=sunn livsstil

resist=motstå

skinny=tynn

prevent=hindre

eating disorders=spiseforstyrrelser

mail order=postordre

tease=erte

posh=fin, snobbet

peer pressure=gruppepress

bully=mobbe

strutting=spankulering (å gå på en måte der man viser seg fram og virker veldig stolt)

cope=takle

colours clash=farger som ikke passer sammen

impress=imponere

**Oppgaver for diskusjon/samtale/refleksjon**

1. Why were Rachel and her grandmother in the attic?
2. What differences does Grandma see in today's lifestyle compared to when she was young?
3. Why doesn't she agree with the way fashions are modelled? What changes would she like to see in how fashions are presented?
4. Where have Grandma and Rachel got their information about fashion from?
5. Have Rachel and Grandma been teased about the way they dress? Explain.
6. What does Rachel think of Simon's image?

### Further Work

1. What do you think is a healthy lifestyle? Give examples to support your opinion.
2. Discuss and give examples of peer pressure that young people may experience. Do you think peer pressure is more difficult for young people today than it was in your parents' and grandparents' generation? Why/why not?
3. What can be done to prevent teasing and bullying? Why is this important?
4. Discuss the use of school uniforms, and make a list of advantages and disadvantages.
5. Do you agree with Rachel that appearance doesn't matter so much for boys as for girls? Give examples to illustrate your opinion.
6. The word "posh" is used about a handbag in this text. It can also be used about people and places. Find a dictionary which explains the possible origins of the word and the popular story connected with it.

Kompetansemål:

#### ***Språklæring***

- bruke ulike situasjoner, arbeidsmåter og læringsstrategier for å utvikle egne ferdigheter i engelsk
- velge ulike digitale ressurser og andre hjelpemidler, og bruke dem på en selvstendig måte i egen språklæring

#### ***Muntlig kommunikasjon***

- velge og bruke ulike lytte- og talestrategier tilpasset formålet
- forstå og bruke et generelt ordforråd knyttet til forskjellige emner
- forstå hovedinnhold og detaljer i ulike typer muntlig tekster om forskjellige emner
- uttrykke og begrunne egen mening om forskjellige emner
- innlede, holde i gang og avslutte samtaler om forskjellige emner ved å stille spørsmål og følge opp innspill

#### ***Kultur, samfunn og litteratur***

- drøfte levesett og omgangsformer i Storbritannia, USA, andre engelskspråklige land og Norge
- samtale om og formidle aktuelle og faglige emner