

### Social life and our Buddy Scheme

Our University College has a variety of organizations and societies that involve students in a number of activities and events.

The Buddy Scheme is a contact group for international students, designed to help you quickly become familiar with our institution. The «buddies» are second and third-year students who have volunteered to help you get a good start and to ease you into your new and exciting life at Østfold University College.

### Faculty of Business, Languages and Social Sciences

- › Accounting and Auditing
- › Business and Administration
- › English, French, German and Spanish
- › Foreign Languages in the Classroom
- › International Business
- › International Communication
- › Organisation and Leadership
- › Political Science

### Faculty of Computer Sciences

- › Computer Engineering
- › Computer Sciences
- › Digital Media and Design
- › Information Systems
- › Information Technology

### Faculty of Education

- › Early Childhood Studies
- › Educational Theory and Practice
- › Kindergarten Teacher Education
- › Nordic Citizenship Education
- › Primary and Lower Secondary Teacher Education
- › Special Education

### The Faculty of Engineering

- › Biomedical Laboratory Science
- › Chemical Engineering
- › Civil Engineering
- › Electrical Engineering
- › Industrial Design
- › Innovation and Project Management
- › Mechanical Engineering

### Faculty of Health and Welfare Sciences

- › Child Welfare
- › Integrated Health and Welfare Services
- › Nursing
- › Psychosocial Work
- › Social Educator Training
- › Social Work
- › Work and Welfare Studies

### Norwegian Theatre Academy

- › Acting and Performance
- › Scenography

### English courses

Norwegian is the main language of instruction at Østfold University College. However, we offer a considerable number of courses taught in English, as well as online courses in German, French and Spanish.

Visit our website for more information:

🌐 [www.hiof.no/english](http://www.hiof.no/english)

### Accommodation

The Foundation for Student Life offers modern residence halls in Fredrikstad and Halden, within short walking and cycling distance from the campuses. Living in a residence hall gives a unique opportunity to meet fellow students and build a network of new friends.

As an exchange student at Østfold University College, you are guaranteed accommodation.

For more information, please visit:

🌐 [www.siof.no/home](http://www.siof.no/home)



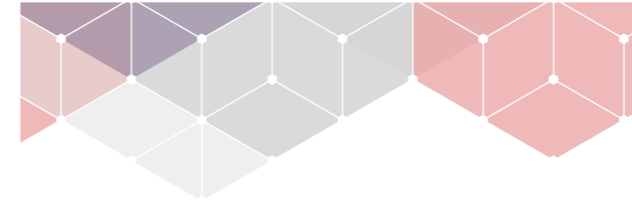
## Student testimonials

«I chose Norway because of the country's impressive scenery. The education system is very good and so is the quality of life. Østfold University College offers a wide range of courses for international students. They offer student-centered learning in a modern and comfortable atmosphere».

*Janna from Germany*

«I recommend all students who want to study abroad to exchange to Østfold University College. Going abroad is wonderful in itself and it contributes to your personal and professional development. I like the teaching and studying methods and the focus on group work at Østfold University College».

*Marion from France*



 **Østfold University College**



## Study in Norway

The Norwegian higher education system is known worldwide for high quality teaching, advanced technology and a wide range of programmes and courses taught in English. This education system, combined with beautiful nature, high living standards, and a relaxed and friendly society makes Norway an attractive destination for international students.

## Østfold University College

Østfold University College is located in the Southeast of Norway in the cities Halden and Fredrikstad. We offer a wide range of professional programmes, providing our students with specialized skills within their respective fields of study. We have small class sizes and students therefore benefit from close interaction with our faculty members and fellow students.

### Application deadlines

Autumn semester:  
1st May

Spring semester:  
1st November

**Contact information:**  
Østfold University College  
Halden | Fredrikstad | Norway  
[www.hiof.no/english](http://www.hiof.no/english)  
[international@hiof.no](mailto:international@hiof.no)  
+47 69 60 80 00

 **Østfold University College**

7000 students  
550 staff members  
6 faculties  
23 bachelor programmes  
14 master programmes  
100 exchange students  
130 partner institutions

## Exchange studies in Norway

